







Quail Creek Assisted Living –April 2008 - Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* Activities are subject to change.</p>	<p>A&C: Arts & Crafts Room MPR: Multi-Purpose Room QC: Quail Creek Lobby LR: Living Room DR: Dining Room LCHC: Laurel Creek Health Center FR: Family Room CCMPR: Multi-purpose room @ Community Center</p>	<p>1 9:30am. Walking Group—QC 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “ August Rush ”</p>	<p>2 10:30am. Walking Group—QC 1pm. Knitting Group—LR 2:30pm. Crossword—A&C 3:30pm. Horseshoe Toss—A&C 2pm & 7:30pm Movie: PVTV “No Country For Old Men”</p>	<p>3 11:00am—4pm. Outing: Lunch & a Movie</p> 	<p>4 9:30am. Walking Group—QC 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1:30pm. Wii Sports—MPR 4pm. Happy Hour—LR</p>	<p>5 2pm. Movie—Shown in the MPR on PVTV “Gigi” 4:00pm.. Trivia—MPR</p>
<p>6 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 12:15pm. Senior Idol—QC 1pm. Arts on PVTV: “American Ballet Theatre at the Met” 1:00pm Grace Episcopal Service AL-Den 1:30pm. Board Games—A&C</p>	<p>7 9:30am. Coffee & Current Events—LR 10:15am. Stretch & Tone—MPR 10:30am. Crossword—A&C 1pm. Trivia—MPR 2pm.—4pm. Shopping—QC</p>	<p>8 10am. Music w/Steve Barkhurst—MPR 1pm. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “ The Queen ”</p>	<p>9 10 - 11:30am. Aging to Saging Seminar—A&C 10:30am. Walking Group—QC 1pm. Knitting Group—A&C 2:30pm. Crossword—A&C 3:30pm. Bingo—A&C 2pm & 7:30pm Movie: PVTV</p>	<p>10 10:30am—3pm. Outing: Fashion Show and Shopping @ Koret Factory Store Lunch out @ Mel’s Diner</p> 	<p>11 9:30am. Crafts—A&C 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1pm. Cooking Class—A&C 2:30pm. Wii Sports—MPR 4pm. Happy Hour & Resident Committee Meeting—A&C</p>	<p>12 2pm. Movie—Shown in the MPR on PVTV “Born Yesterday” 4:00pm. Trivia—MPR</p>
<p>13 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV: “Brubeck Returns to Moscow” 1:00pm Grace Episcopal Service AL-Den 1:30pm. Card Games—A&C</p>	<p>14 9:30am. Coffee & Current Events—LR 10:15am. Stretch & Tone—MPR 10:30am. Beads with Helen Wiley—A&C 1pm. Trivia—MPR 2pm.—4pm. Shopping—QC</p>	<p>15 9:30am. Walking Group—QC 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “Jimmy Carter: Man From Plains”</p>	<p>16 10 - 11:30am. Aging to Saging Seminar—A&C 10:30am. Walking Group—QC 1pm. Knitting Group—A&C 2:30pm. Crossword—A&C 3:30pm. Horseshoe Toss—A&C 2pm & 7:30pm Movie: PVTV “The Kite Runner”</p>	<p>17 11:00am—4pm. Outing: Napa River Picnic</p> 	<p>18 9:30am. Crafts—A&C 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1pm. Cooking Class—A&C 2:30pm. Wii Sports—MPR 4pm. Happy Hour—LR</p>	<p>19 2pm. Movie—Shown in the MPR on PVTV “The Birds” 4:00pm.. Trivia—MPR</p>
<p>20 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV: “Antony and Cleopatra” 1:00pm Grace Episcopal Service AL-Den 1:30pm. Board Games—A&C</p>	<p>21 9:30am. Coffee & Current Events—LR 10:15am. Stretch & Tone—MPR 10:30am. Crossword—A&C 1pm. Trivia—MPR 2pm.—4pm. Shopping—QC</p>	<p>22 9:30am. Walking Group—QC 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “ No Reservations” 7:30pm. Solano Winds Performance—CCMPR</p>	<p>23 10 - 11:30am. Aging to Saging Seminar—A&C 10am. Joint Replacement Seminar—MPR 10:30am. Walking Group—QC 1pm. Knitting Group—A&C 2:30pm. Crossword—A&C 3:30pm. Bingo—A&C 2pm & 7:30pm Movie: PVTV “Things We Lost in the Fire”</p>	<p>24 10:30am—5pm. Outing: Wine Tasting & Lunch @ Viansa</p> 	<p>25 9:30am. Walking Group—QC 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1:30pm.. Cooking Class—A&C 2:30pm. Wii Sports—MPR 4pm. Happy Hour—LR</p>	<p>26 2pm. Movie—Shown in the MPR on PVTV “Charade” 4:00pm. Trivia—MPR</p>
<p>27 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV: “Cecilia Bartoli: Live in Italy” 1:00pm Grace Episcopal Service AL-Den 1:30pm. Card Games—A&C</p>	<p>28 9:30am. Coffee & Current Events—LR 10:15am. Stretch & Tone—MPR 10:30am. Crossword—A&C 1pm. Trivia—MPR 2pm.—4pm. Shopping—QC 5:30pm. FF Chamber Mixer—CCMPR</p>	<p>29 9:30am. Walking Group—QC 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “ Becoming Jane”</p>	<p>30 10 - 11:30am. Aging to Saging Seminar—A&C 10:30am. Walking Group—QC 1pm. Knitting Group—A&C 2:30pm. Crossword—A&C 3:30pm. Horseshoe Toss—MPR 2pm & 7:30pm Movie: PVTV “Into the Wild”</p>	