











Quail Creek Assisted Living – June 2009 - Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 9:30am Word Games—A&C 10:15am. Stretch & Tone—MPR 11:15am. Strengthen your core—QCFR 1:30pm.—4pm. Shopping—QC</p>	<p>2 9:15am. Range of Motion—MPR 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Game Group—A&C</p>	<p>3 9:30am. Coffee Talk—A&C 11:30am.—4pm. Outing: Lunch @ The Joy of Eating 2pm & 7:30pm Movie: PVTV “The Curious Case of Benjamin Button”</p>	<p>4 9:00– 11:30am. Spa Day—A&C 1:00pm. Music w/Steve Barkhurst—MPR 2:30pm. Scrapbooking—A&C 3:30pm. Crossword—A&C</p>	<p>5 9:30am. Current Events—LR 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1pm. Fireside Chat—MPR 2:30pm. Wii Games—MPR 3:30pm. Happy Hour —DRP</p>	<p>6 10:15am. Water Aerobics—Pool 10:30am. Coffee Talk—LR 1pm. Word Games—A&C 2pm. Popcorn & a Movie—MPR “The Sting”</p>
<p>7 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV : “Othello”</p>	<p>8 9:30am Word Games—A&C 10:15am. Stretch & Tone—MPR 11:15am. Strengthen your core—QCFR 1:30pm.—4pm. Shopping—QC</p> 	<p>9 9:15am. Range of Motion—MPR 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “My Fair Lady”</p>	<p>10 10am—4pm Outing: Rutherford Winery in Napa</p>  <p>2pm & 7:30pm Movie: PVTV “Paul Blart: Mall Cop”</p> 	<p>11 9:00– 11:30am. Spa Day—A&C 1:00pm. Game Group—A&C 2:30pm. Scrapbooking—A&C 3:30pm. Crossword—A&C</p> 	<p>12 9:30am. Current Events—LR 10:15am. Stretch & Tone—A&C 11am. Neurofit—A&C 1pm. Cooking Class—A&C 2:30pm. Resident Council—A&C 3:30pm. Happy Hour—DRP</p>	<p>13 10:15am. Water Aerobics—Pool 10:30am. Coffee Talk—LR 1pm. Word Games—A&C 2pm. Popcorn & a Movie—MPR “Charley’s Aunt”</p>
<p>14 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV : “Gene Kelly: Anatomy of a Dancer”</p> <p>*Flag Day!</p> 	<p>15 9:30am. Word Games—A&C 10:15am. Stretch & Tone—MPR 11:15am. Strengthen your core—QCFR 1:30pm.—4pm. Shopping—QC</p>	<p>16 9:15am. Range of Motion—MPR 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Game Group—A&C</p> 	<p>17 9:30am. Coffee Talk—A&C 12:30pm.—4pm. Outing: A Stoke of Magic Art Studio</p>  <p>2pm & 7:30pm Movie: PVTV “Frost /Nixon”</p>	<p>18 9:00am.— 11:30am. Spa Day—A&C 1:00pm. Game Group—A&C 2:30pm. Scrapbooking—A&C 3:30pm. Crossword—A&C</p>	<p>19 9:30am. Current Events—LR 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1pm. Wii Games—MPR 3:00pm.—7:00pm. PVE Western Hoe-down</p> 	<p>20 10:15am. Water Aerobics—Pool 10:30am. Coffee Talk—LR 1pm. Word Games—A&C 2pm. Popcorn & a Movie—MPR “With a Song in My Heart”</p>
<p>21 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV : “Salome” Richard Strauss 1pm. Wii Sports—MPR</p> <p>* Father’s Day!!</p>	<p>22 9:30am. Word Games—A&C 10:15am. Stretch & Tone—MPR 11:15am. Strengthen your core—QCFR 1:30pm.—4pm. Shopping—QC</p> 	<p>23 9:15am. Range of Motion—A&C 10:30am. Painting—A&C 1pm.. Wii Sports—MPR 2:30pm. Movie & Popcorn—MPR “The Women”</p>	<p>24 9:00am– 4pm. Outing: California Academy of Sciences</p>  <p>2pm & 7:30pm Movie: PVTV “Bride Wars”</p>	<p>25 9:00– 11:30am. Spa Day—A&C 1:00pm. Game Group—A&C 2:30pm. Scrapbooking—A&C 3:30pm. Crossword—A&C</p>	<p>26 9:30am. Current Events—LR 10:15am. Stretch & Tone—MPR 11am. Neurofit—MPR 1:00pm.. Cooking Class—MPR 2:30pm. Wii Games—MPR 3:30pm. Happy Hour—DRP</p>	<p>27 10:15am. Water Aerobics—Pool 10:30am. Coffee Talk—LR 1pm. Word Games—A&C 2pm. Popcorn & a Movie—MPR “Pork Chop Hill”</p>
<p>28 9am. Catholic Mass—PVTV 10am. Worship Service—LMPR 1pm. Arts on PVTV : “Les Ballet Trockadero” 1pm. Wii Sports—MPR</p>	<p>29 9:30am. Word Games—A&C 10:15am. Stretch & Tone—MPR 11:15am. Strengthen your core—QCFR 1:30pm.—4pm. Shopping—QC</p>	<p>30 9:15am. Range of Motion—MPR 10:30am. Painting—A&C 1pm. Wii Sports—MPR 2:30pm. Game Group—A&C</p>		<p>A&C: Arts & Crafts Room MPR: Multi-Purpose Room QC: Quail Creek Lobby LR: Living Room LMPR: Community Center Multi-purpose room QCFR: Quail Creek Fitness Room</p>	<p>**Activities are subject to change. DR: Dining Room FR: Family Room AL Den: Laurel Creek Assisted Living Den PVTV: Channel 28 CC: Community Center</p>	