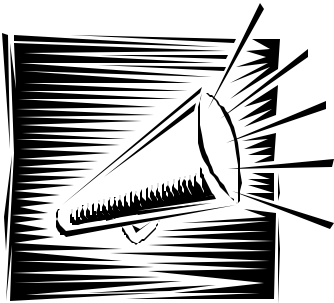


ELYSIAN FIELDS

August, 2000

The Official Paradise Valley Estates Residents' Newspaper

Volume II issue 7



SOUND OFF

By Bob Steinkraus

This is the anniversary issue of this "fishwrapper," as Bill Anderson calls it, and he ought to know being the pro he is. Just wish I could pay him his dollar-a-word going rate to do a column a la Jim Werrick

One year has passed since we started publication. I've been looking back over the issues starting August 1999, Volume 1, Issue 1. It wasn't long before I started to reminisce not only about the newspaper but about the early days here at PVE from the time the doors opened 1 November 1997. By the 15th about 40 of us were here and the dining service started. Enough of Lou's Junction and on to fine dining. If you think the food is great now, would you believe our young chef was really working on his impression then; *crème brulee* frequently, for goodness sake. Can you believe?

A committee was formed early on to hammer out the first set of by-laws of the PVE Resident Council. It was headed by Russ Bowen and Pete Palmos (Pete had been on the Board of Directors). Once the by-laws were cobbled together, a number of us volunteered to be put up for election to the first Council. It was a fine team effort with the right varied background to take on the challenges that loomed ahead. Little did the Executive Director know what a headstrong gang we were. The group included Jack Albrecht, John Clemson, Frances Houchin, Bill Johnson, Buzz O'Toole, John Raffety, Betty St George, John Vernon and myself. Initially Liz Wildberger and then Fred-a Jurian acted as our recorder. (Can you match up names with a former mayor, doctor, finance and supply manager, bookstore owner and aerospace management consultant?),

We had many issues to resolve the least of all

WHAT MAKES PVE GREAT? . . . YOU!

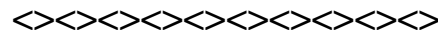
By MajGen (USAF Ret) John Collens, NCROC Chairman

Reading through the Residents Council minutes, *Elysian Fields*, and News from Paradise it is impossible to ignore that *you*, the residents, have made your community the most sought after CCRC catering to retired military officers and surviving spouse. The activities here at PVE are one of the reasons why nearly all of you are enjoying an active and satisfying retirement. Furthermore, it is your own Activities Committee that tells management what you want.

The road to building the activities you want starts with the Executive Board of the Committee which meets the second Tuesday of each month. That's where you place your suggestion that may be of interest to the majority of your peers. The committee will pass its recommendation up "through channels (military lingo)" where Lise Hansen, PVE's Community Services Manager will put the details and logistics together to make it happen.

As I read through the many activities offered in July and now in August, I wonder how anyone could resist being a part of the active lifestyle at PVE. You represent a community of talented individuals intent upon living life to its fullest. I urge each of you to continue enjoying the cultural, scenic and fun things your committee and management offer.

The bottom line is this. So long as you, the residents, make your wishes known to your own Activities Committee, PVE will continue to be a haven for active seniors. **YOU make it happen.**



GETTING TO KNOW RON RIDLEY

By Bob Steinkraus and Jack Albrecht

We sat down with Ron Ridley on Monday morning to get a flavor of the man and his philosophy for presentation to you, the residents. Since we are made up of mothers, fathers, grandmothers and grandfathers, the burning question seemed to be “How old is he?” We guessed 47 and 52, for which he heartily thanked us, and admitted to 54.

Ron was born and raised in Antioch and attended San Jose State graduating with a BA in Economics. While there a friend put him onto a



job at the girls dorm where he got dinner by serving food and washing the dishes. Not all that bad since he was surrounded by girls. When he returned for the Fall semester he was told that the dorm was closing and being converted into a senior resident home. Ron was allowed to continue having dinner there under the same circumstances as before and he eventually ended up running the place. Thus, 27 years ago, began his career in the profession of care for the elderly. He remained in

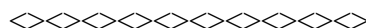
San Jose for about 8 to 10 years and then moved to the Oakland area joining an organization having many retirement communities. He remained with them for 10 years moving up the ladder to corporate headquarters. He then moved on to opening and managing several independent communities.

Along the way he has also picked up credentials as a nursing home administrator, residential care administrator, certified property manager, and California real estate broker.

We asked Ron what he considered was going to be his biggest challenge. Since PVE is at about maximum occupancy and has a strong senior staff, he believes his focus, at least initially, would be to take an already vital community and build a yet stronger community and staff by developing more means and lines of communication. As you may know, he plans monthly “town hall” meetings involving residents, himself and senior staff. There, Ron will deal with issues he has on his mind and his vision of whatever the issue may be. Questions and comment will be welcomed from the floor and residents will have immediate feedback from him and the directors. (*Sounds like a plan to us.*) Each meeting will produce minutes to be distributed for record and for information to those not present.

Our new Director expresses the knowledge that each community, such as PVE, has its own culture. He does not envision stepping in and dictating what will and what will not be done. He will get to know the culture before he provides direction.

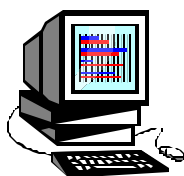
All in all, we came away with the impression that NCROC did their job well!



COMPUTER USER GROUP (CUG) **Progress Report

By Dominic Battistella

We now have five computers available for PVE Residents use: 1) One, the computer in the Library; 2 & 3) Two new computers in the Recreation Center's Game Room - one donated by Jack Albrecht, hopefully to soon be connected to the Internet; the second by an anonymous donor to be used for basic applications; 4) donated by Morrie Nelson, built onto a rolling cart for use at The Group's meetings and stored when not in use - will also be connected to the Internet; 5) donated by Carl Johnson with basic applications, temporarily located in the Small



Arts & Crafts Room. Sincere appreciation and thanks go to the above named residents for their donations. In addition, thanks and appreciation to Frank Williams, Frank built this beautiful Work

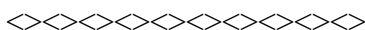
Center on wheels.

Currently our Computer User Groups Leaders are: Jack Lindeman - Advanced Internet Group, Jackie Peterson - Basic Internet Group, and John Gearhart - Basic Computer Group. We are looking for at least one or two other volunteers to help in each Group so we can get started with our regular monthly meetings. Those willing to help, please contact the appropriate Group Leader. Anyone with experience in MacIntosh would also be helpful.

INTERNET NEWS: We are still working on our phone and Internet connections. Hopefully, this can be completed by the first part of August.

A wonderful Web site is now available to Travis Credit Union members and it works great! We can balance our checkbooks, transfer funds, etc., at home 24 hours a day, 7 days a week online. Just log on to www.traviscu.org, "click" on the Home Banking button, enter your Credit Union account number and use the last four numbers of your SSN - as your initial password; which you may change at a later time - and you're in business.

For those interested in Genealogy, try - www.latterdaysaints.org, and / or www.familysearch.org.



GOLDEN AUGUST

By Elly Vasak

The partnership formed by the sky and the land
Plus the warmth of the sun, brings a harvest so
grand.

The shade of umbrellas and hats keeps us cool
As we watch all the kids cooling off in the pool.

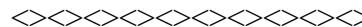
We work on our list of the summer "to-do"s—
Shall we cross off another, or shall we just
snooze?

We love days of summer, we're loving the sun-
shine.

Enjoy it, each day, it's our chance-to-have-fun
time.

The old miners panned in the creeks for their
gold dust.

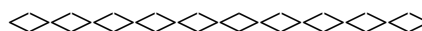
We find our gold in the hills that surround us.



AWARENESS MEDIA- TION GROUP

By Alice Albrick

Now that our second-floor Meditation Room is open, an awareness meditation group will be meeting there from 10a.m. to 11a.m. every Wednesday. All meditators and anyone interested in learning a variety of ways to achieve the meditative state of mind are invited to join. No experience is necessary. Among the many benefits of meditating regularly are experiencing peace of mind, increasing spiritual awareness, increasing self awareness, being less affected by thought, being less run by feelings, adding energy, reducing stress, improving self esteem, feeling more connected, and developing satisfying relationships. Join us once a week in a meditation support group that will empower you to live the life you deserve.



COMPUTER “KORNER”

By Jack R. Albrecht

WIDE BAND – What is it – Do we need it?

When we talk about Wide Band for a computer, we are referring to Internet Access. Most of us use a standard 56 Kbps (Kilo bytes per second) modem, which actually offers about between 33.6 to 53 Kbps in the best of times. Our phone lines and our ISP installation limits the speed. I know that sometimes using Earthlink with a Suisun ISP phone number I get 33.6 Kbps; however, at other times it is degraded to 28.8 Kbps. This means that no matter how fast a CPU, or memory you have in your computer, your access to Internet web sites and downloads can be very slow. So how do we correct the problem? The three major broadband technologies currently available to us today are: DSL (Digital Subscriber Line), Satellite, and Cable.

Each one of these systems has its good points, e.g., pro and bad points, con. Let's

start off by looking at DSL. It uses the same phone line that you presently use with your

computer modem, to obtain high-speed data bandwidth. Simply put, the greater the bandwidth, the faster you can access a web site or download a page. Since DSL uses your present phone line it means that you don't have to have any other lines or cables installed in you house or apartment, which is a definite plus. In addition, there is no line sharing which can happen with a Cable installation. One thing that may be a plus or a minus, depending on how you see it, is your system is “always on,” e.g., you don't have to dial out to get Internet Access as you do now with the conventional modem that is installed in your computer. There is another term associated with DSL, which is Asymmetric DSL, e.g., ADSL. What this means is you get more bandwidth in one direction than you do in the other which again refers to the speed of down loading a



file or uploading. In theory an ADSL connection could download a file at 8 Mbps, and upload at 1 Mbps (mega bytes per second). There is only one fly in the ointment; your connection speed is dependent on how close you are to Ma Bells Central Office (CO). To obtain the fastest speeds, you must be located within approximately 2 miles from the CO. The further away you are from the CO the worse your connection speed will be due to the loss of high frequency signal components. Now the crunch comes. If I want DSL how much will it cost? I looked at JC's Interactive Systems web site, www.jccomp.com/dsl.htm, which is a local Fairfield ISP, and checked what they offer. Their basic DSL 384 Kbps service is priced at \$49.95 per month. It is also stated there is a \$198 fee for DSL equipment. You can provide and install and setup your own equipment, however, they don't recommend it. Once installed, the DSL modem provides you with continuous connection to the Internet. Apparently if you want more speed it is more costly. If you are interested in DSL and want more information you can contact their sales department by E-mail at sale@jccomp.com.

That is DSL; so let's now look at the other options, e.g., Cable. The majority of houses in the USA are now wired for cable TV, just as we are here at PVE. However, the conventional coaxial cable, such as we have for our televisions at PVE, only supports one-way transmission, e.g., from the cable company central office to you. On the other hand, a fiber-optic cable permits two-way high-speed data transmission, which we need for our Internet access. Since Gaylon Rude says we do not have fiber-optic cable wiring at PVE, use of cable for our Internet access is a moot point.

The last high-speed system we will examine is Satellite. The major problem with this system is it requires you install a satellite dish and have it wired up to your computer. As we all know this is a no-no here at PVE. We can't even have an amateur (ham) radio antenna, so let's just forget about the possibility of using a satellite system for broadband Internet access. To summarize, DSL uses your standard phone line and it is always on. You don't have to share the line such as you do with Cable. However, DSL does re-

COMPUTER “KORNER’ (con’t)

quire you to pay a higher monthly fee, which can be relatively expensive when compared to our standard 56 Kbps phone modem access. A Cable system, using fiber-optic cable, is also always on, but you share the cable with neighbors. Therefore, bandwidth can vary widely. Satellite requires installation of a dish antenna and uses a phone line. Hence upstream data transmission is limited to your normal modem/phone speed. It is apparent at the present time our only means to obtain high speed Internet access at PVE is by DSL. Only you can determine if you need it.



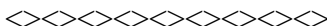
MUSIC IN AMERICA “FROM SOUP TO NUTS”

A Piano Concert By Jo Anne Conner

The Activities Committee invites you to the Multi-Purpose Room on Thursday, August 10th, for a 7:30 program with Pianist/Organist Jo Anne Conner. Ms. Conner does a solo performance that includes a range of music from classical to contemporary, jazz, and honky-tonk, while giving an informative description. She also plays and describes the relationships of such American favorites as “Oh, Susana” and “Yankee Doodle” with other known music numbers.

Ms. Conner has performed as a soloist and accompanist throughout the United States and Europe following her graduation from Northwestern University as a performing music major. Currently, she is using her music skills in many on-going activities. She is head accompanist for the 150-voice Sonoma Valley Chorale which does a series of performances each year and conducts and accompanies the 40-voice Vintage House Singers from the Sonoma area. She is director of the church handbell choir, the “Celebration Ringers,” while also doing many special request performances.

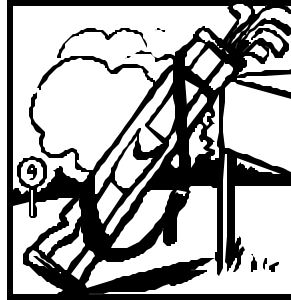
As a lead-in for this evening of music, there will be a short performance by a young dance group from `Patty’s Dance Studio` in Vacaville exercising their special routines for your enjoyment.



SPORTS AND RECREATION

By John Kroyer

The PVE golf tournament for July was played on the Paradise Valley Golf Course Wednesday July 5^h. It was in scramble format and the first place team was Dominic Battistella, Agnes Conley, John Gerhart and Ed Albrick. They were the best of 32 eager players.



The third semi-annual billiard tournament has finally been completed. Sixteen men competed. Despite much cajoling the four ladies who play every week could not be convinced that the men would like them to participate in the tournament.

The tournament consisted of a series of matches between two men with the one taking two out of three games considered the winner. When a player had lost two matches, he was eliminated. The finalists were Russ Smith who had lost one match and Lorne Hiller who had not lost even one. They played each other on July 8th and Lorne emerged the champion. Congratulations to Lorne and commiserations to Russ. He was heard to mutter, “Just wait ‘till next time.” Now the names of the sixteen players will be posted on the Billiard Ladder on the wall of the recreation room in the order of their placement in the tournament with Lorne at the top slot labeled “Best Player.” Anyone on the ladder may challenge anyone listed above him for a match of two out of three games, the winner to exchange slots on the ladder with the loser. Watch out Lorne!

Reflecting on the billiard tournament, the three different winners of the three semi-annual billiard tournaments all live in building 3000. The significance?

We have not had much news about grandchildren in sports for some time. So here is a note about two proud grandparents. John and Mary Kroyer’s granddaughter, Darby Kroyer, is a member of the San Ramon under 15 year old soccer team, The Illusions. They have been Northern

PAWS AT PARADISE

At the End of the Lead.....

By Freddi Miller

MADAM is a 14 ½ year old Cockapoo (Cocker Spaniel/Poodle-mix) that has belonged to Harry and Joan Noble for 13 years. A very special bond has developed between Madam and the Nobles. They especially like her personality and disposition, she is friendly to people and other dogs. You might see them walking between Building 3000 and the Recreation Center....

Frank and Barbara Williams are dedicated to German Shepherd dogs; they bred and showed them in Ithaca, New York for 15 years. **HEIDI** is the 4-year old that lives with them at PVE. Frank usually walks her late at night and exercises her in the morning in the nearby open field areas; Frank is Heidi's best friend and Barbara is her trainer and 2nd best friend.

The Williams know this breed very well and like everything about them. Heidi is very smart, has a great temperament and is an excellent guard dog. She likes people and other dogs, but not cats. Heidi has adjusted beautifully to living here....

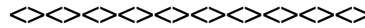
AMANDA, a 7 year old Dachshund-mix and one of the newer canine residents of PVE. Bernice Cresse obtained her the year after her husband passed away and would not have moved without her. Bernice has had miniature dachshunds before. She says Amanda is very smart, quite independent and also very devoted Amanda barks to defend Bernice and her home when the doorbell rings, but wags her tail constantly and is very friendly with people when out walking. She is usually friendly with other dogs – more so with the males than the other females!

Bernice would like to take Amanda to Laurel Creek to visit the patients there. She is very loving and understands when Bernice is not feeling well....

LIV sleeps in a kennel on a knit afghan with a cat on a pillow on top of her kennel. Bill and Corinne Ekern share her house. She is five years old and the first Norwegian Elkhound the Ekerns have owned. They say she is very intelligent, independent and almost too friendly. She walks with Bill or Corinne three to five times a day



Liv knows and obeys verbal and hand signals for sit, down, heel and stay. She is good at tracking and really loves treats....



DINING SERVICES COMMITTEE REPORT

By Jeanne Michael

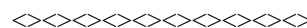
Would you like an update on those cushions?? They are now due no later than August 5th. Any bets?

The Bastille Day (July 14th) Continental Breakfast celebration was well attended. Even had a couple of French flags to go with the croisants, pastries, coffee, hot chocolate and juice. Look for more similar activity at "**THE DeLONG PAVILION.**" (**)

Our Committee will be selecting a few replacement members at our September meeting. If you are interested in being considered, send in a letter listing your interest, and any qualifications for wanting to join The Dining Services Committee. Send to either Jeanne Michael (Box #5207) or Doris Armentrout (Box #5505).

To make it easier to meet deadlines, the Committee has changed its meeting time to the second Tuesday of the month. Anything you wish brought up at the meeting, please turn in, in writing and signed -- don't forget the date.

****Ed. Note:** The Gazebo has been renamed - - It is now "**THE DeLONG PAVILION**" - - certainly more fitting!



ARTS & CRAFTS GROUP

By Lyelle Waples

You are all familiar with the busy ladies of the Arts & Crafts Group.... we've been encouraged to let you know about our current project that is not only beautiful, but tremendously worthwhile as a contribution, of community service, to the City of Fairfield

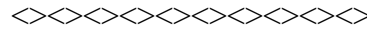


At present we are creating crib-size quilts, for the Fairfield Fire and Police Departments to carry in their vehicles, in case of an infant or small child being in an emergency situation, and needing this comfortable warmth to help protect them. All of the materials have been donated by our Residents, individually designed, and each one carefully hand finished.

In the past two and a half years, our other handmade projects have included over 50 individual afghans, Christmas stockings, and place mats for our Laurel Creek Health Center, as well as stuffed animals, quilts, and place mats for Fisher House. There is also an ongoing project of place mats for the Soda Shoppe, and *The Store* profits from our paperback book covers and pillows. All of these items have been presented as donations.

We would also like you to know that we meet every Wednesday morning at 10:00 a.m. in the Large Arts & Crafts Room, 2nd floor of the Community Center. All Residents that may knit, sew, crochet, "craft" or just enjoy getting together, please come and join this very congenial group...

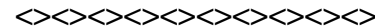
gentleman are welcome...so pick up the phone and call Lyelle Waples at 422-6242



“STILL –MISSING”(!!)

By Joan Teague

Inasmuch as the missing drivers license tests did not make their way back to the PVE Library, there is an alternate possibility to you who are preparing to renew your drivers' licenses. The Department of Motor Vehicles has a web site (www.dmv.gov) which includes a sample test. This still isn't as good as having several of the original tests from the Library, but it is a help.



VISIT OUR FRIENDS AND NEIGHBORS...

(As of July 20, 2000)

North Bay Medical Center

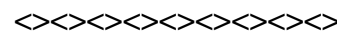
Virginia Postel

Veterans Administration - San Mateo

Bill Cox

Laurel Creek Health Center

| | |
|-------------------|-----------------|
| Bud Bammer | Ruthe O'Toole |
| Anthony Borgia | Ray Price |
| Allen Clinton | Donald Rodewald |
| Helen Denend | Leslie Shapton |
| Marion Jones | Arnette Taylor |
| Fred Kelley | Virginia Venn |
| Virginia Lafforge | John Webster |
| Gerald Wiley | |



AWAY WE GO ...

By Liz Wildberger

August promises to be a month filled with outings and innings. Tours to the woods and wine country and summer afternoons cheering for the Home Team (the Steelheads) bracket a month crammed with activities.

Muir Woods is one of the most beautiful and accessible redwood groves in California, and coupled with a picnic lunch, should provide nature lovers with a very pleasant opportunity to enjoy some spectacular scenery. **Thursday, August 3** is the day selected for this outing.

On **Saturday evening, August 5**, residents will travel to Napa for the Jarvis Conservatory of Music "variety show." Singers from the Bay area gather to perform operatic arias, musical comedy selections and lieder in the auditorium of an old winery. Mr. Jarvis may be eccentric, but he has provided a sumptuous setting for an evening of music, and gourmet snacks and wine for the intermission. If you missed signing up for this one, the plan is to make the concert a monthly event. Pencil in the first Saturday of each month for a grand opportunity to be entertained at a very reasonable cost.

Rene Magritte is viewed as a surrealist, but exhibits of his work continue to attract huge audiences. PVE art aficionados will go on pilgrimage to the San Francisco Museum of Modern Art **Thursday, August 10** to check out the exhibit that focuses on the complexity of Magritte's mysterious paintings. The Museum Café is a nice complement to the galleries and offers interesting luncheon choices.

Friday afternoon, August 11, young pianist and composer Jeremy Weinglass will perform a piano recital in the Gazebo. Jeremy is the grandson of resident Lucille Thyrring, and has enthralled PVE concert-goers in two earlier performances here. This is a not-to-be-missed chance to hear a talented young musician, enjoy a late summer afternoon, and sip cool drinks on the veranda.

Plan on an afternoon of Ball Park hot dogs, ice cold beer or iced tea, and a rousing time in Vacaville as the Steelheads meet Feather River. The

newly-formed baseball team is attracting enthusiastic rooters, and PVE fans can expect an exciting time on **Sunday, August 13**.

Wayne Thiebaud has long been recognized as one of America's most prominent modern artists and a leading figure in the Bay Area art world. This summer the Legion of Honor presents the first major retrospective of Thiebaud's work to be organized in fifteen years, and PVE residents will have a chance to see *Wayne Thiebaud: A Paintings Retrospective* on **Thursday, August 17**.

Billed as "Music in America: From Soup to Nuts," Ms. Connor performs a solo program that includes a range of music from classical to contemporary, jazz and honky-tonk..



Ms Connor is the accompanist for the 150-voice Sonoma Valley Chorale, and also conducts and accompanies the 40-voice Vintage House Singers from the Sonoma area.

Prior to Ms. Conner's performance, PVE audiences will be entertained by a group of young dancers from "Patty's Dance Studio." Plan to arrive promptly for the **7:30 p.m. performance on Thursday, August 10**. Seating may be limited.

On **Thursday, August 24**, Peg Cutshall has designed a day in the wine country. A tour of the art galleries and champagne production areas at the Mumm's Champagne facility on the Silverado Trail begins the day. With luck, Peg assures us, we should be part of the exciting "wine crush" activities, since the time for harvesting champagne grapes is somewhat earlier than that for varietals. Lunch at Piatti, in Yountsville will follow the tour and tasting at Mumm's.

Corinne Ekern and her sub-committee for community events are planning a gala Activities, Organizations and Interest Group Fair, to be held in the Multipurpose Room at PVE on **Friday, August 25**. Similar to the popular health fairs, the morning will feature information about the many specialty groups that meet together. Tables with displays, print information, and casual conversation with members of each club should enable newer residents to find their "niche" in the recreational and educational scheme of life at PVE. All residents are invited to attend and learn about ac-

AWAY WE GO (con't)

tivities and organizations, from the Garden Club to the Termites Woodworking Club to the Quilters and Needle pointers. The day will also provide an opportunity for an interactive "ISO" (in search of....) pairing of residents with similar interests, but who do not participate in a formal club or group.

It's "Take Me Out to the Ballgame" time again, when the Steelheads play Yuma on **Sunday, August 27**. Bill Armentrout has been an enthusiastic fan of the local team, and even if it's not major league baseball, it's fun to be part of the action.

What is billed as one of the most dazzling displays of Chinese archaeological relics will draw interested residents to the Asian Art Museum in San Francisco on **Thursday, August 31** to see the exhibit: "The Golden Age of Chinese Archaeology: Celebrated Discoveries From the People's Republic of China." The show includes nearly 240 items, many of which have been found in the past 50 years, and focuses on objects created 800 to 7,000 years ago. This is a major happening in the art world, because the exhibit includes luxury and ritual items made of jade, bronze, silver, gold and porcelain, as well as life-size funerary figures from the tomb of China's first emperor.

More trips, activities and events may be added to the August calendar, and it's a good idea to check the weekly "News from Paradise," the "Friday Flash," PVTV and the resident activity bulletin board for announcements. As always, the sign up sheets are available at the Reception Desk in the "Green Book."

So whether it's the seventh inning stretch, or intermission at a concert, the PVE community has myriad opportunities to expand their recreational and entertainment horizons, as long as the gears keep grinding on the Blue and White Behemoth, a.k.a. Robert and Lynette Express, Save me a seat!

A BAYOU TALE ...

By Ancil Baker

What an interesting story Doc Rosen told about his meeting with the son of Huey Long's assassin!

To wit: - Senator Russell Belliu Long, son of Huey (de Kingfish) Long...Russell had been elected to the U.S. Senate in 1948. That same year, my roommate and flying partner, Frank Morgan and I were at the Air Command and Staff School, Maxwell AFB, Montgomery, Alabama.

Frank was dangling on the horns of dilemma. Russell, his law school classmate at Louisiana State University had invited him to join the Long Dynasty in Louisiana politic. This, I am sure would have been a far more lucrative job than that of an Air Force pilot drawing hazard pay which was half of his base pay.

But I guess love of flying must have won out, at least for the time being, because Frank was still on active duty the last time I saw him, about a year later. Crazy pilots. Fatalists, aren't they?

Russell remained in office through 1969 that I know about.

Huey's younger brother, Earl Kemp inherited the Louisiana Governor's office in 1939 and then was elected to the office in 1949 and again in 1946. In 1960 he was elected to the U.S. House of representatives. Back in the early 1930's his views on politics were the antithesis of brother Huey's and they were actually political enemies. Furthermore, Huey's older brother, George Shannon was a U.S. Representative from 1953 to 1960.

In the summer of 1937 the plaques on the bridges across the Red River, from Barksdale Field to Shreveport, Louisiana had been mutilated. Upon inquiry, it was learned that Huey had his name emblazoned upon every bridge, hospital, road and state building in Louisiana. He controlled Louisiana politics. He had been governor of the state and U.S. Senator and must have felt that he owned the state. As a matter of fact, when he opposed Franklin Roosevelt's New Deal campaign, he was accused of aspiring to become dictator of the United States. Promised money for every U.S. Citizen.

Anyway, he fell into disfavor. Twice attempts were made to impeach him. Finally, in 1936, as Doc said, he was shot in the state capitol building. He had been elected to the U.S. Senate but refused

FROM NORTH DAKOTA TO PVE

By Betty St George

Early move-ins included Col. James Shigley, USA (Ret) and Verna. Life started for both of them in North Dakota. For Jim it was in a small town near the Canadian border. His father was a veterinarian. Jim learned the love of animals at a young age. When he went off to North Dakota State University he chose to study architecture. Upon graduating he discovered the demand for architects in that area was minimal. He had the opportunity to spend a year in the service at Fort Lincoln in Bismarck.



Jim was an officer during this year. He found it very much to his liking and it was at a time when the Army was planning to increase the number of officers. Extensive testing of the applicants took place. After a week of examinations in several subjects the top 10% were selected for Regular Army commissions.

“On July 1st, 1939, I began Regular Army service and was sworn in as a 2nd Lt., with the serial number: 0-22222. These numbers had begun at the end of WW I, with Douglas MacArthur receiving number 1. This meant that during those 20 intervening years, only 22,000 new officers had been taken into regular service.” The quote is taken from Jim's book, “AS I RECALL.” A copy of the book is in our PVE Library. I found it excellent reading with so many events, places and

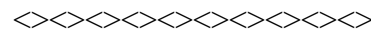
times that had slipped from my memory. His descriptions of how the Army was prior to WW II sparks recall. History interspersed with boy hood antics makes it a very human story. Jim spent all of the war years in Australia, New Guinea and the Philippine Islands.

After the war when he returned home on leave, he was to meet the girl next door, Verna. She was an Elementary School teacher. Since Jim was going to be sent to Washington, D.C., Verna decided to make some changes in her life. With the Civil Service exam behind her and a job offer to go to the Pentagon, she was off. Courtship and romance ensued. Jim and Verna were married August 12, 1946. Verna became Jim's ‘Sweetheart of Sigma Chi.’ New York was the next stop. Jim was in charge of a Translation Unit which translated manuals into Spanish. At the time of their marriage they took up residence in the middle of New York's Manhattan Island in a one room flat. Verna said they had a wonderful time seeing the sights of New York for three months. Jim was then ordered to Carlisle Barracks in Pennsylvania to attend the Adjutants General School.

They then crisscrossed the country on various duty stations and added three sons to the family, one born in Ohio, one in Texas and another in Virginia. A tour in France, back to Chicago and then a two year tour in Korea, where they adopted their daughter, Diane. His last duty was at the Presidio in San Francisco. That tour convinced them that California was the place to retire. Moraga was to be the spot. Jim was able to pursue his hobby of water color painting. His slide collection of European cathedrals reflects his background of studying Architecture.

Verna was a busy lady raising their children and traveling with Jim. She said they were never separated...very unusual for an Army wife. Verna looks back on her life as a true adventure story, greater than anything she could have dreamed of as a young girl.

Their home illustrates the life they have lived together. It is warm and inviting and reflects their love. Verna and Jim are part of the Moraga contingent that has graced PVE from the beginning.



SPORTS AND RECREATION (con't)

California State champions for the past two years. The Illusions recently became undisputed champions of a regional 14 state western tournament which selected 14 teams out of a conference of under 15 year old female [players numbering about 200,000. As champions of this region, the team has now been invited to go to San Antonio in November to participate in a tournament consisting of the best eight under 15 age group teams in the United States. The unofficial ranking of The Illusions nationally is number 3.

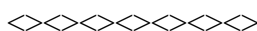
ADDED REFLECTION ON GOLF

- You really only need four clubs to hit every bad shot in golf.
- The only thing you can learn from golf books is that you can't learn anything from golf books, but you have to read an awful lot of golf books to learn this.
- Golfers who claim they never cheat also lie.
- A two foot putt counts the same as a two- foot drive.
- Never wash your ball on the tee of a water hole.
- There is no such thing as a friendly wager.
- Since bad shots come in groups of three, a fourth bad shot is actually the beginning of the next group of three.
- The three stages of golf are; Sudden Collapse, Radical Change, Complete Frustration, Slow Improvement, Brief Mastery, and Sudden Collapse.
- The only sure way to get par is to leave a three-foot birdie putt two inches short of the hole.
- Don't play with anyone who would question a 7.
- If you really want to be better at golf, go back and take it up at a much earlier age.
- If your driver is hot, your putter will be ice cold; if you can hit your irons, you will top your woods; and if you are keeping your right elbow tucked in, your head will come up.

And as Sam Snead said at the age of seventy-seven when he made the decision to quit the senior tour; "It's a grind trying to beat sixty-year-old kids out there".

BINGO JACKPOT WINNERS

- Those reported since the last issue are:
- June 27 Dorthy Lindemam & Helen Wiley
 - July 4 Holiday – No game
 - July 11 Lyell Waples
 - July 18 John Clemson



GOLF

By Winky Wirrick

(Winky composed this and read it at the last golf cocktail party. An original effort which ain't bad.)

Now, playing this game is such a true test
Of whoever can score the very best-

It's self control and luck and skill –
Sometimes you really want to kill!

Like when you play with a really good putter
It tends to make you mutter and mutter.

Or watch when you play 'gainst a very long hitter
This surely can make you Bitter! Bitter!

Of course there's the Joe with the pro short game
Who puts all your talents to shame, to shame-

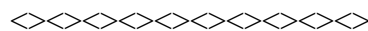
Play golf with a friend and you'll soon learn a lot
About what she is and what she is not!

Then there's the golfer who's hooked on each rule
And makes you feel like an ignorant fool –

Well, you try and you try and you try to improve
And then on your back swing you feel yours move!

You sway on your putt and goof that chip shot.
Now maybe this golf game for you it is not!

But the hardest of all is when playing with men
And you have to hold your stomach in!



“THE RAPE OF NANKING”

By Irwin Rosen

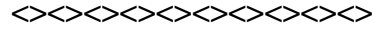
One of my patients at Sugamo Prison in Tokyo in 1948 was General Iwane Matsui who was subsequently convicted at the war crimes trial of being responsible for one of the worst atrocities committed during the WW II. It has gone down in history as *The Rape of Nanking*. Some of you may have read the recent best-seller book describing this abominable horror story. General Matsui was a patient because he had a loud heart murmur – due to syphilis picked up in his younger days as a Japanese officer. Contrarily, he looked like someone’s benign, aged grandfather – small, slight of build, wispy white goatee – who liked to read Japanese poetry. But what monstrous crimes he committed!

He was the commanding general of the Japanese armies invading Central China. At first his victories came easily. The Chinese kept retreating. Then in front of Nanking, their capital, the Chinese army stood to fight and bloodied the Japanese in determined resistance before eventually retreating and abandoning Nanking. General Matsui told his troops “To the victor belongs the spoils,” and turned the Japanese armies loose to rape, murder, loot, pillage in a manner not seen since the days of the Mongols. In the period that followed, almost every woman found was repeatedly raped by his troops and then murdered. Countless Chinese men were slaughtered by machine gun fire or tied in groups and used for bayonet practice. The Japanese command approved bayonet killing as good military training for the troops and encouraged it. Women, children, men – few were spared. It is estimated the Japanese army killed between two to three thousand civilians!

What finally stopped it was the sudden realization by the Japanese high command that with all the dead bodies filling the streets, wells, and streams, that they might precipitate an epidemic of disease that could engulf their own troops. General Mitsui’s second in command, Prince Asaka, was also considered by some of the allied governments to have been significantly responsible for the *Rape of Nanking*. But he was never indicted or tried. Reason? He was Emperor Hirohito’s uncle. General

MacArthur was determined to protect the Japanese royal family from any war crimes charges. He felt that indicting Prince Asaka might open the door to indicting other members of the royal family – like Hirohito himself.

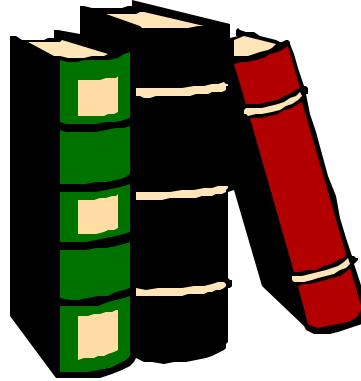
General Matsui was convicted of Crimes against Humanity and was hung along with five others on December 29, 1948. No one in the Japanese royal family was ever charged with war crimes.



LIBRARY NEWS

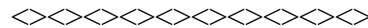
By Bev Clemson, Head Bookie

The library continues to make improvements for you. An ottoman in the Paperback Room has been outfitted with casters and a bottom shelf for readers who like to look at the lower shelves for their choices. This ottoman makes it easier to scoot around. The Library Committee is considering another improvement – a big one. This is in the form of a reading machine which magnifies any book page placed in its scanner range. It’s in the works. Let us know if you like the idea.



Soon, the Library will be rearranged.

With the *National Geographics* gone, more room is being opened up and books will be relocated. Incidentally, the *National Geographics* have been very popular and many folks have chosen copies for their own libraries or those of their families. Books will be placed by departments as much as possible. Check out the large labels on blocks.

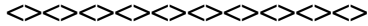


A BAYOU TALE (con't)

to surrender his governorship. A hate campaign of jack hammers, chisels and cutting torches resulted in the removal of his name and face from every bridge, road, hospital and public building in Louisiana.

Now, if you don't like my stories, make Doc stop reminding me.....

(Ed. Note: Ancil--we love your expounding, with further facts, on "Doc's" stories!)



REMEMBERING

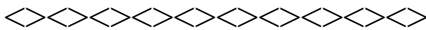
JOHN MOTE

COMMANDER USN (Ret)

Beloved Husband of Helen
and loving father.

Arrived PVE: December 3, 1997

Died: June 25, 2000

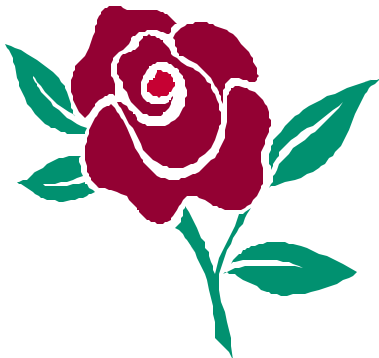
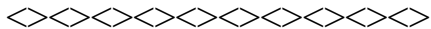


ROSEMARY McCLARD

Loving Mother of Silvia Polk

Arrived PVE: December 3, 1997

Died: June 13, 2000



Elysian Fields

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DID YOU KNOW?

By Steiny

I cannot vouch for the veracity of any of this but they make good stories.

Life in England in the 1500's:

Most people got married in June because they took their yearly bath in May and were still smelling pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the b.o.

Baths equaled a big tub filled with hot water. The man of the house had the privilege of the tub of nice clean water, then all the other sons and men, then the women and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water."

Houses had thatched roofs. Thick straw, piled high, with no wood underneath. It was the only place for animals to get warm, so all the pets... dogs, cats and other small animals, mice rats, bugs lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall of the roof. Hence the saying, "It's raining cats and dogs."

Sometimes they could obtain pork and would feel really special when that happened. When company came over, they would bring out some bacon and hang it to show off. It was a sign of wealth and that a man "could really bring home the bacon." They would cut off a little to share with guests and would all sit around and "chew the fat."

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food. This happened most often with tomatoes, so they stopped eating tomatoes for 400 years.

Most people didn't have pewter plates, but had trenchers – a piece of wood with the middle scooped out like a bowl. Trenchers were never washed and a lot of times worms got into the wood. After eating of the wormy trenchers, they would get "trench mouth".

Bread was divided according to status. Workers

get the burnt bottom of the loaf, the family got the middle and guests got the top, or the "upper crust".

100 years ago in the United States (1900).

The life expectancy was age 47.

Only 14% of the homes had a bathtub, and only 8% of the homes had a phone.

With a mere 1.4 million residents, California was only the 21st most populated state in the union.

The average wages was 22 cents and hour.

The population of Las Vegas was 30.

Only 6% of the population had graduated from High School.

There was no Mothers Day or Fathers Day.

More than 95% of the births took place at home.

How some other sayings got started; early America.

To get a gun a gentleman must go to three places. Since it is a flintlock he must go to a locksmith, then to the gunsmith for the barrel and finally to the carpenter for the stock. So, he gets his gun "Lock, Stack and Barrel".

When firing the musket, it must be primed properly or it will misfire and could blind a person. So, if the flint ignites the powder in the pan but does not discharge the musket, that is known as a "Flash in the Pan".

Cloth came to the Colonies in bolts of nine yards. If your garment required the whole bolt it was quite an expenditure so you had to "Go the Whole Nine Yards".

"Sleep Tight" refers to the ropes that hold up your mattress. If they are not tight your mattress will sag and you would not get a good nights sleep.

Everybody knew that all good in a man was in his right side and all bad was in his left. If he got out of bed on the left side, malign forces would follow him all day long, so most of the innkeepers would have the left side of the beds against the wall so that their guests cannot "Get Out of Bed on the Wrong Side."

Charles the First fashioned himself a huge, huge wig to show how important he was. He felt the bigger the wig the more important you were. Hence, he became the first "Big Wig. "Old Goat"

referred to the curly hair wigs men wore which were made from goat hair.

(I have many more that residents have sent to me,

BENEFITS OF GROWING OLDER

Compiled by Steiny

(Some of these are sad but true.)

In a hostage situation you are likely to be released first.

It's harder and harder for sexual harassment charges to stick.

Kidnapers are not very interested in you.

No one expects you to run into a burning building.

People call at 9 p.m. and ask, 'Did I wake you?'

People no longer view you as a hypochondriac.

There's nothing left to learn the hard way.

Things you buy now won't wear out.

You buy a compass for the dash of your car.

You can eat dinner at 4 p.m.

You can live without sex but not without glasses.

You can't remember the time you laid on the floor to watch TV.

You consider coffee one of the most important things in life.

You constantly talk about the price of gasoline.

You enjoy hearing about other people's operations.

You get into a heated argument about pension plans.

You got cable for the weather channel.

You have a party and the neighbors don't even realize it.

You no longer think of speed limits as a challenge.

You quit trying to hold your stomach in, no matter who walks into the room.

You send money to PBS.

You sing along with the elevator music.

You talk about "good grass" and you are referring to someone's lawn.

Your arms are almost too short to read the newspaper.

Your back goes out more than you do.

Your ears are hairier than your head.

Your eyes won't get much worse.

Your investment in health insurance is finally beginning to pay off.

Your joints are more accurate than the National Weather Service.

Your secrets are safe with friends because they can't remember them either.

Your supply of brain cells is finally down to a manageable size.

You read stuff like this in the paper.