

ELYSIAN FIELDS

November, 2001

The Official Paradise Valley Estates Residents' Newspaper

Volume III, Issue 11



VETERANS' DAY



By Betty St George

There will be a Veterans' Day program on November 11, 2001. Sequence of events will be:

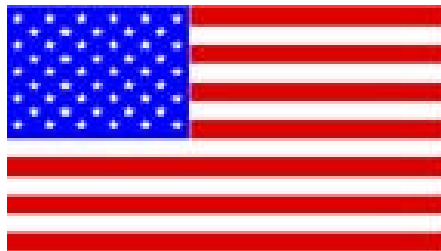
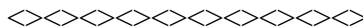
- A parade that will assemble at 10:30 a.m. on the corner of Victory and Constitution in front of building 5006.
- 10:50 a.m. parade begins.
- 11:00 a.m. Flag Pole Ceremony
- 11:20 a.m. Program at the Community Center – outdoors. (If it rains there will be no parade but there will be a Flag Pole ceremony and the program will be held in the multipurpose room.)

The parade will include: the Bagpipe Marching unit of Fairfield High School; Scarlet Brigade Marching Band; Honor Guard and Marching Unit of Fairfield High School Jr. AFROTC.

The PVE Nondenominational church service will begin at 9:00 a.m. to accommodate timing of the Veteran's Day program.

Come and join the parade, if able; otherwise attend the program at 11:20 a.m. Wear your service uniform or at least a hat denoting your service.

Help us to honor our Veterans and pay honor to September 11, 2001.



SOLANO COUNTY CONSOLIDATED DISTRICTS ELECTION NOVEMBER 6, 2001 SMALL MULTI-PURPOSE ROOM

Our Polls are open from 7:00 a.m. to 8:00 p.m.

If you are voting by Absentee Ballot make sure you return it to the Registrar of Voters by November 6, 2001

Let's have a 100% vote by the Residents of PVE

IF YOU HAVE A VA QUESTION CALL JOHN

By Betty St George

Major John Vernon, AUS(RET) is another native Californian. He was educated by the Jesuits in San Jose, CA. continuing on to Fordham University in New York City. After graduation in 1959, he entered military service at Fort Bliss, TX in the Air Defense Artillery. His training included the Ajax, and Nike Hercules Defense Missiles. John felt one of the highlights of his career



was serving as Battery Commander of a Nike Hercules Air Defense Missile Site in San Francisco, CA in 1966. Another was his job as IG HQ, US Army Europe, Heidelberg, Germany. In this capacity he traveled extensively throughout Europe conducting special weapons inspections

When I asked John which country in Europe he liked the best, without a moments hesitation, the answer was Holland; Why? The country was so clean, the people were so friendly to Americans and very appreciative of what the US had done for them. John was stationed near the Dutch border on his first tour in Germany in 1962 and spent many a weekend in the Netherlands. Amsterdam and The Hague were special places.

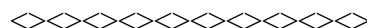
When John went to Turkey on an inspection trip, he observed some customs that he felt our

American women would not appreciate such as the women having to wear the burkas but also it was the women who were doing all the hard work while the men all sat around in the chi houses drinking tea and discussing politics or whatever. He also had two tours in Viet Nam before being retired. Later he went to work for Civil Service as a Security Administrator at Lemoore Naval Air Station.

John spent time with the INS (Immigration and Naturalization Service), which included going to Ft. Chaffee, AR to process the Cuban refugees.... remember the boat people? It was when Castro emptied out his jails and sent his criminal element along with a few legitimate refugees. In Cuba the criminals had been tattooed on the inside of their lips, and the prostitutes on the eyebrows. He was there when the refugees burned the barracks. Although 8 weeks was all the time he spent there, he saw a lot. Working as Congressional Liaison for the INS put him in touch with 20 Congressmen. He took care of the problems the elected officials' constituents brought to them.

Between the Army and Civil Service John spent 26 years in service to his country. In retirement he became active in the VFW (Veterans of Foreign Wars) in Nevada. John traveled all over the state as the VFW Public Relations Officer visiting the chapters in other large and small towns. He particularly enjoyed the patriotism in the small communities.

John arrived in the early days of PVE. He has been an active volunteer from the very beginning. He served on the Interim Resident Council. He is very knowledgeable in the field of earned veterans' benefits. Early on he established liaison with David Grant USAF Medical Center. He has kept the PVE residents abreast of empanelment, and also has helped many of the veterans to have their disability retirements reassessed. Working with David Grant is sheer pleasure, according to him. He is a dedicated volunteer; no effort is too much....except if it interferes with a sporting event. Those who know John well know what a sports buff he is....the spectator type! 49er fan par excellence. John likes to take his vacation time in warmer climates; that is if he has time.



GOURMET CORNER

By Mike Michael

October 10 was the Dinning Services Committee’s final meeting of its new term. We welcomed four new members: Bettyann Fritz, Miz Lively, Jack Lindeman, and Ed Millson. The nine member committee normally accepts three new members a year; however, with the sudden and unexpected departure of Chair Bill Halliday, a fourth was added to keep our count at nine.

By unanimous acclimation Pat Orme was elected Chair and Jack Lindemen, Recorder (He says it was by coercion). Jack produces outstanding minutes.

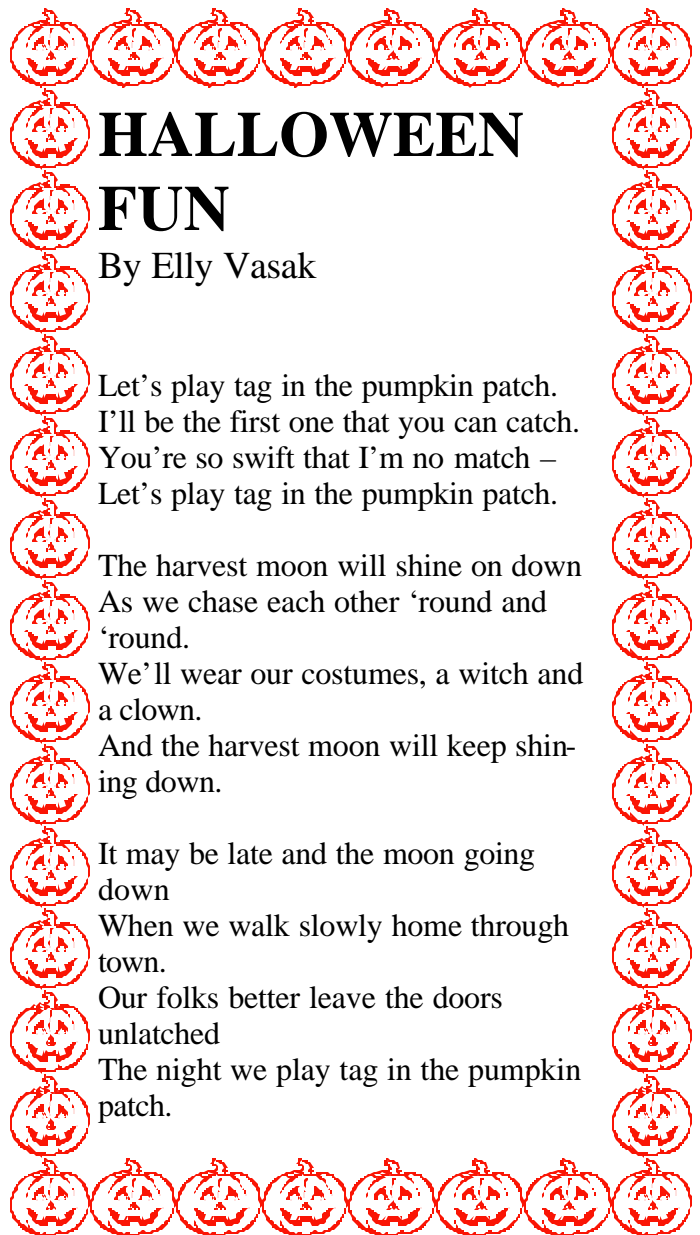
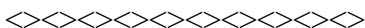
The question of having more “fat free” items on the menu was discussed. It was brought out that chicken may be ordered broiled rather than fried and skin may be removed. Fish is available. Salad dressing may be ordered on “the side.” Staff will be working with the Health Center dietitian. on the question of meeting the needs/desires of residents for more in the way of low salt and low fat menu items.

Most other comments were confined to those relating to service such as the new fudge machine (on order), designating a boss when Pat Carroll is absent, serving coffee at lunch, and proper clearing of tables (which has been much improved). It was noted that the overall level of complaints and comments has dropped.

The relaxed “Summer” dress code which permits gentlemen to remove their jackets in the “formal” dinning room will expire 31 October. In that line, consideration is being given to the posting, in the vicinity of the podium, a discreetly framed copy of the dress code – this for the benefit of residents, their guests and staff,

Dates: the new menu is due out on 26 October. For Halloween, 31 October, residents and staff are encouraged to be in costume. To accommodate the Veterans’ Day program, Sunday, 11 November Brunch will commence at noon.

Bon Appetite!



HALLOWEEN

FUN

By Elly Vasak

Let’s play tag in the pumpkin patch.
I’ll be the first one that you can catch.
You’re so swift that I’m no match –
Let’s play tag in the pumpkin patch.

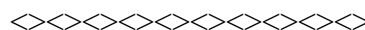
The harvest moon will shine on down
As we chase each other ‘round and
‘round.
We’ll wear our costumes, a witch and
a clown.
And the harvest moon will keep shin-
ing down.

It may be late and the moon going
down
When we walk slowly home through
town.
Our folks better leave the doors
unlatched
The night we play tag in the pumpkin
patch.

FOUNDERS CLUB

On Monday, October 29th the community will celebrate the 4th Anniversary of Paradise Valley Estates Opening. During the celebration recognition will be given to the members of the Founders Club.

The Founders Club members are those who had the vision and foresight to be among the first 200 depositors to select a residence and move into the community. The names of the Founders Club members can be found on a plaque that is displayed in the Community Center front entryway.



RESCUE OF A DOWNED PILOT AT SEA ...

By Cole Sellers

During my assignment with the 28th Air Division, ADC, located at Hamilton AFB, CA., I frequently participated in Air Defense (AD) exercises by flying target aircraft out over the Pacific.

On October 14th, 1965, Lt. Silverman and I filed a flight plan for a target mission in support of an ADC exercise MOJAVE ECHO #9. This mission assignment called for an outbound heading from HAFB to coordinates 200 miles West. We took off in our T-33 jet aircraft at 1437hrs and reached the initial check point at 1530hrs. The weather was beautiful and we anticipated smooth flying around a specified course over the Pacific while waiting for fighter aircraft interception. Our Radar monitor contacted us inquiring of our fuel state. We responded with a 382 gallons remaining. The following radio message was a shocker! An EMERGENCY HAD OCCURED! We were advised that an F-106 fighter pilot had ejected into the Pacific about 100 miles from our present position. The Radar controller asked if we would proceed to that location, of last Radar contact with the troubled F-106, and search the area for pilot survival? Our response was "Roger!" Since the weather viewed from flight level 37,000' looked good and the ocean surface was smooth, the sighting of a yellow dinghy in the blue waters should be a piece of cake.

Radar vectored us to within 24 miles of the location of last known contact. Another surprise confronted us! At sea level a fog patch obscured the ocean surface for miles about the location where the F-106 and its pilot splashed down. What should we do? We talked it over quickly and came to this conclusion: If we cannot find this pilot afloat in a dinghy, then there would be nothing to rescue! The serious question: should we abort the search mission because of fog and return to home plate or try to go under the fog layer and continue the search? A low level flight beneath the fog is a no-brainer!

We prayed, took that risky flight maneuver and slowly penetrated the fog layer. Fortunately there was about 100' separation between the surface of the ocean and the fog layer above us with about one

half mile forward visibility. That was enough space for the T-33 to fly. However, we had to be super cautious not to dip a wing tip or skip the fuselage off the ocean surface, otherwise we would CRASH! This was not a comfortable thought. However, if the pilot were somewhere under this fog 150 miles from shore, and not found quickly, he would surely perish. Our effort was a spine chilling exercise since we did not have enough fuel remaining to linger any longer! Our SAFETY was at stake!

Our luck held. I sighted a circular oil slick, green in color, just off our left wing...WOW! That must be the point where the F-106 splashed into the water. Immediately we made a shallow turn to the left to circle that spot which rapidly disappeared to our stern. I cannot explain it, but something caused me to look out on the right side of our aircraft and to my surprise, there sat the downed pilot in his yellow dinghy holding up an orange smoke flare! Thank God he is safe! I shouted to Lt. Silverman to "PULL UP AND BEGIN A SPIRILING ASCENT!" We advised Radar of our finding and when they could see our circle on the radar screen it would pinpoint the exact location where the Rescue Team could find him.

In the next breath, we asked Radar for a vector to Vandenburg AFB which was the nearest landfall. By tuning in the Vandenburg TACAN for an inbound radial, I noted a DME reading of 150 miles from that station. We immediately climbed to 20,000' altitude, leveled off and headed for Vandenberg. We had switched to the remaining fuel supply and prayed that we could make it to landfall before running out. Upon sighting the California coastline we gave a sigh of relief. In contacting the Control Tower, we requested permission to execute a flame-out approach for landing. Due to our fuel emergency this procedure was a safe method for a priority landing. Our remaining fuel state upon landing was 40 gallons....WHEW....we were lucky pilots that day!

At the request of our Commander we stayed at Vandenburg long enough to brief the Rescue Helicopter Pilot about the weather conditions 150 miles off shore, the TACAN Radial and DME usefulness in reaching the downed pilot. We later learned that the Helicopter was successful in finding and retrieving the pilot prior to nightfall.

COMPUTER “KORNER”

By Jack Albrecht and Kurt Gearhart

DOWNLOADING AND ZIP FILES: Some computer users are intimidated about the thought of downloading something off of the Internet. There are many times when you see something attached to a message or other items such as shareware programs or utilities that you will want to download, place in a file or use.

If you download a file and it has an .EXE as its file extension, it is known as an “executable” file. The computer recognizes it as an executable file and will allow it to do whatever it wants. When clicked on it will run and do whatever it is supposed to do, e. g., play solitaire, check your mail, let you write a letter, or erase your hard drive (yikes!!!) After you have downloaded it and double clicked on it, it will open all of the compiled information and organize it in the way the original programmer designed it. You can then start using it.

Prior to downloading a file it is nice to make a folder on your “C” drive to place items in that you download. You can name it “My Download Files” or anything else you need to identify it. To make a special folder for our downloaded items, click on *START*, *PROGRAMS* and the *WINDOWS EXPLORER* icon. Next click on “C” drive. Then click on *FILE* and *NEW FOLDER*. You can now type in the name of your new folder, and in our case we decided to call it “My Download Files.” If you make a mistake, right click on the *NEW FOLDER* icon, select *RENAME*, and type the name you selected. After you have designated a folder for your downloaded items, you can put all of your downloaded items into it prior to examining or working on them.

When you download any items you are normally asked a question prior to downloading, as to where to save it. In our example case you would choose “My Download Files,” when you are asked how you want to “Save As.” This could be an attachment to an E-mail message that you want to keep or some other downloaded file. To do so you would choose “C” drive, “My Download Files” as the final destination, and “Save.” Once a file, attachment, etc., has been



saved to “My Download Files,” you do not want to open it until you have scanned it with a good virus-checking program such as NORTON Anti-Virus, (<http://symantec.com/us.index.html>), or Mafee’s VirusScan (<http://www.mcafee.com/anti-virus/>). Just because your computer came with a virus checker does not mean it is still effective or that it was ever configured to automatically scan incoming files. It is prudent to always “update” your anti-virus program at least several times a month because there are always new virus programs being generated by the bad guys. Viruses have been compared to vandalism. If you are properly protected with an “updated” virus program that automatically scans your E-mail and your downloads, you should have no fear of vandals on the Internet. NORTON, the anti-virus program that I prefer, provides you a warning on your screen whenever you neglect to obtain the live updates on line. The latest version, which is Norton AntiVirus 2002, will check both incoming as well as outgoing E-mail. Check it out on their website listed above.

In order to scan something that you have put in your “My Download Files” for a virus, right click on the file in “My Download Files,” and select “Scan for Virus,” or similar wording. Once you are sure the file is clean you can open it by double clicking on it if it has an .EXE as its extension as discussed above. However, if it does not, then we need to talk about .ZIP files. These files are similar to .EXE files in that they are one large file composed of an entire program, however; there are important differences. First, these files are “loss less” compressed, which allow programmers to fit more information into one package, and allows you to download it that much faster because it is smaller in size. In addition, a “decompression” utility is needed on the recipient’s end to not only extract, but to “UNZIP” the program files. A decompression Utility Program that I use is called “WINZIP” and it must be used with ZIP files after downloading and virus checking to decompress the files. After unzipping, you can then set the program up on your computer, using the “setup.exe” or “install.exe” file. If you desire you can download an evaluation version of WINZIP 8.0 from the WINZIP download page at

SPORTS AND RECREATION

GOLF By John Kroyer

My contribution this month will be brief since I have been out of town most of the past 30 days and was overwhelmed with unmet chores upon my return.

For the month of October, the golf tournament was very ably planned and executed by Bud Booth and John Gearhart. Results of the tournament were as follows:

3rd place: Bill Stoneburg, E. Garwood, E. Conley and J. Robinson: 2nd place: Dave Kalbaugh, Pat Maguire, Chas. LaMond and L. Fletcher: 1st Place: Bob George, Bob Rourke, Dom. Battistella and Mary Chavis.



I know I'm going to *Get It* for mentioning what I read recently, but I can't resist. "There are a number of mechanical devices which increase sexual arousal, particularly in women. Chief among these is a Corvette driven by a dashing doctor."

Here are some golf truisms uncovered over the years.

- Golf is harder than baseball. In golf you have to play your foul balls.
- Progress in golf consists of two steps forward, and 26.6 miles backward.
- One good shank deserves another.
- It takes 17 holes to really get warmed up.
- No golfer ever swung too slowly.
- One birdie is a hot streak.
- No matter how badly you are playing, it's always possible to play worse.
- Any change works for three holes.
- The odds of hitting a duffed shot increases by the square of the number of people watching.

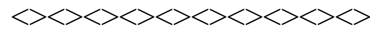
TENNIS By Millie Healy

Tennis – Common Sense????

1. Don't attempt difficult shots but it sure is fun if you make them!
2. Don't talk to yourself negatively Vez; you dummy why did you miss that overhead?"
3. Don't over extend your ability and pull a ham string. Let the ball go, you will get another chance.
4. Be positive but do not act like you own the court. Play with courage and don't be fearful. If you are wary of a hard shot coming right at you – turn your back but best of all **DUCK!!**
5. Don't confuse yourself by trying to remember what the pro told you to do, just hit the ball. Concentrate on watching the ball; (Watch the ball leave your racket).
6. Try to have relaxed concentration but not too relaxed or too tense. ("I'm going to get that guy").
7. As always, don't try to overpower the ball and always follow through.
8. I you hit a bad shot – relax and forget about it.

The new Wilson Titanium core ball seems to be very good.

Bingo – Here are the winners of the blackout games since the last report. Dates were not provided: Angie Sonner; tied Jon Clemson, Pat Brausch, Virginia Geesey; Lois Lithgow; and Grace Okazaki.

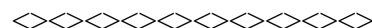


COMMUNITY GARDEN

By Jan Holderness

Community gardeners will meet again on Wednesday, November 7th, at 1:00 p.m. in the multi-purpose room. Please attend with new ideas for our winter gardens.

We now have 100 personalized bricks that have been blessed by Father Seb. Urge your friends and neighbors to get aboard.



MY MOST HEART- WARMING CHRISTMAS

By John Regan

Almost 60 years ago this Christmas, I was separated from my family for the first time. As a young combat pilot in WWII, I dreaded the coming of that Christmas of 1942. We had already lost several men in combat – some close friends – and there was little on the stark, dreary bomber base in England to liven my spirits.

When I was at my lowest, I received a package from home, the contents of which made that Christmas the most wonderful and memorable of my life: a small, tattered old Santa Claus with a face worn from children’s kisses and whose little bells had been long lost. My parents had bought this Santa Claus, affectionately call “Jingly,” some 36 years before, and he always hung on our Christmas trees at a place of honor. I told my fellow airmen its history and shared with them my nostalgia.

We decorated a small Christmas tree, placed it in the center of the barracks and placed “Jingly” on it. His presence seemed to work magic – to make us feel closer to home and give us the warm spirit of joy that had been lacking. “Jingly” seemed to sense this as he never hung prouder.

“Jingly” hung in my cockpit on every combat mission until my return home. Now, 93 years old, “Jingly” is still passed from family to family. If he could talk, I wonder if he would tell of the joy he brought to so many that Christmas ~ 1942.....

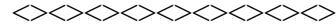
(Ed. Note: John suggests there are others with similar stories of nostalgia; This “Ed” agrees ... let’s hear from you for our December and January Issues.)



A FLASHBACK

By Isabella Zemer Lively

It’s a tranquil, warm afternoon in the Balboa Theater, on the Pacific side of the Isthmus of Panama, December 7, 1941. Suddenly we are evacuated. Japan is attacking us in Hawaii! I’m a 16-year old in high school. We are at war! Will the Panama Canal be next? In September ’43 I enter Boston University, my brother Bill becomes an air cadet as does my roommate’s brother, who is killed on his first mission. Bill survives. Some of my classmates never return. Almost 60 years later, September 11, 2001, another “*Day of Infamy*” has happened. Will my grandchildren live just to experience another attack in 60 years?



ARTIST’ FAIRE

*** REMINDER ***

All PVE Residents and Staff are reminded of the Artist’s Faire to be held on Friday, November 16th.

We encourage ALL TYPES of art to be submitted and entered...this would include paintings in all the mediums, as well as sculptures, China painting, wall hangings ... and on and on.....

If you are interested in selling your work or merely to enter or display it, we want to show it and encourage you to contact us. PVE has a wonderful world of talent – lets show it off!*

Our Faire is sponsored by the Ways & Means Committee. If your art is purchased, a small commission will go towards the ‘Resident Fund.’ So, call Helen Millson (434-1907) TODAY – let her know you are interested.*



SOLANO WINDS

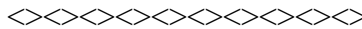
By Bob Steinkraus

It was most gratifying to see the turn-out for the Solano Winds concert on Friday, October 12. There have been times in the past when fewer than 100 attended. Not every seat was filled but they should have been. The rendition of *America the Beautiful* and *The Stars and Stripes Forever* brought a tear to many



an eye. And, of course, Otto Vasak conducting *On Wisconsin* was a sight to behold.

A hearty thanks to the director, Mr. Briggs, for bringing his band to visit us on a regular basis. Let's fill the house on their next visit.



LITTLE DEVIL

By Poco Diabla as told to Marion Haire

My name is Poco Diabla, which I am told means "Little Devil". I am a Blue Point, ten-year old Siamese cat. I answer (usually) to "Poke." Before coming to PVE I was used to free range of a yard, and found the restrictions here rather trying. However, I wasn't long in finding a solution: I discovered that if I jumped often enough, my paw would eventually contact with the front door handle, and I would have



my freedom. Coming back to an unlatched door and me somewhere outside was a matter of great mystery and concern to my humans. But one day I made the mistake of being caught in the act of trying the door, and after that various efforts were made to outwit me, though they didn't always succeed.

I earned my 15 minutes of feline fame when an account of one of my escapades made the pages of *The ELYSIAN FIELDS*: in the middle of the night I went down to the home of a nice lady named Fred-a and demanded that she let me in – which she did, and even let me sleep on her bed until morning.

Earlier this year Marion went away for two weeks, and our friends across the street, the Trammel's very graciously agreed to give me room and board. From the start I had a very affectionate relationship with these two dear people, and so it was

Continued on page 12

THE DARK YEARS

Submitted by Al Fritz

(Al received this from a friend in Paris (name of Bill Bonner) on September 12. It has a bit of a slant that differs from what we've been reading in our media and viewing on our TV. It's worth a read.)

"...behind closed doors this ambitious day stand shadows with enormous grudges, outside is charted ocean of perception misshapen coast-guards drunk with foreboding, and whispering websters, creeping through the world, discredit so much literature and praise. Summer was worse than we expected: Now an Autumn cold comes on the water..." (The Dark Years - W.H. Auden)

Along the rue des Lombards last night, men with earrings held hands...and prostitutes stood in doorways – as they always do. You can get any kind of love you want on the rue des Lombard's. Even perverse love seemed reassuring last night.

We will reckon again today...as we always do. But today we reckon with a heavy heart. For greed has been replaced by fear, and the comedy of the financial market has been replaced by the tragedy of politics.

Most of the people in our office raced home after work yesterday. The whole world watched television. But I felt like walking. So, I made my way down to Pont des Arts and crossed over to the Left Bank. On the bridge, couples stood together and stared at the river...the gray spires and apartment buildings silhouetted against the last evening light. They held hands too...laughed and embraced as the world grew dark.

I had come to see them, of course...to catch a glimpse of the world as it was yesterday...the bright lights and gaiety of the cafes, the somber elegance of the Louvre, the ordinary comings and goings of ordinary people in the world's most beautiful city. I wanted to remember it that way – just in case it would never be that way again.

Surely another bridge has been crossed, I thought, as I strolled along the rue Jacob, looking in the antique shop windows. Things have changed in America – almost untouched by war for 136 years – is suddenly under attack. We have been waiting for a defining event to conclude the 20th century, as the assassination of the Archduke Ferdinand marked the end of the 19th. What "tipping point" event would close the book on the

long period of peace and prosperity that America has so recently enjoyed, we wondered?

Nature was preparing some surprises. Something big was coming, we guessed. But not even in our gloomiest moments did we imagine such a bizarre and bloody trigger event. But now we have it. "THE NEW WAR!" Screams the headline in today's Figaro. "TERROR STRIKES AMERICA" proclaims a banner on the International Herald Tribune. All over the world, on live TV coverage, anyone can see – America is vulnerable.

The dollar plummeted yesterday. Markets all over the world collapsed, with the London exchange down 5.7%...Frankfort off 8.6%...and Paris down 7.4%. The price of gold soared 5%... and then fell back in this morning's Asian trading. Crude oil also rose – \$6.

In a radio broadcast earlier in the day a French commentator tried to put the catastrophe in perspective: "It is simply unimaginable," he said, "it is as if the National Assembly had come under attack and the Eiffel Tower and the Tour Montparnasse had been completely obliterated."

The National Assembly building was closed. But armed guards were on alert. Clutching machine guns, they paced up and down the streets and studied me carefully as I walked along. Then, at the base of the Eiffel Tower, everything seemed normal. It still stood. Tourists, though fewer in number than usual, milled around. Arab hucksters sold their trinkets. Life goes on.

In the next few days, weeks, and months...you will be told that everything is okay. Indeed, many will think it is better than okay. The Fed has promised that it will provide more money. OPEC has pledged to provide more oil. The government will launch new anti-terrorist initiatives. Some will say that war is good for the economy. Defense stacks rise. Who knows, maybe markets will rally. But two years after the Archduke Ferdinand was shot, stocks in America reached their lowest level in history – trading for just 4 times earnings.

Nature still has her surprises. But is likely that consumers and investors will hold their breath... and feel a cold wind blowing. They will be less confident, less sure of themselves and of the future. They will tend to hold onto their money a little longer and worry about their debts a little

I HAVE ALWAYS DREADED OLD AGE

Offered by Bud Booth

(Note: This sort of reminds me of what happens around here. This is how things look through the eyes of someone much younger than our age group.)

I cannot imagine anything worse than growing old. How awful it must be to have nothing to do all day long but stare at the walls or watch TV. So last week, when the mayor suggested we all celebrate Senior Citizen Week by cheering up a senior citizen, I determined to do just that. I would call on my new neighbor, an elderly retired gentleman, recently widowed, who, I presumed, had moved in with his married daughter because he was too old to take care of himself.

I baked a batch of brownies, and, without bothering to call (some old people cannot hear the phone), I went off to brighten this old guy's day. When I rang the doorbell this "old guy" came to the door dressed in tennis shorts and a polo shirt, looking about as ancient and decrepit as Donny Osmond. "I'm sorry I can't invite you in," he said when I introduced myself, "but I'm due at the Racquet Club at two. I'm playing in the semifinals today." "Oh that's all right," I said. "I baked you some brownies..." "Great" he interrupted, snatching the box. "Just what I need for bridge club tomorrow! Thanks so much"...and just thought we'd visit a while. But that's okay! I'll just trot across the street and call on Granny Grady..." Don't bother," he said. "Gran's not home. I know. I just called to remind her of our date to go dancing tonight. She may be at the beauty shop. She mentioned at breakfast that she had an appointment for a tint job..."

I called my Mother's cousin (age 83): she was at the hospital working in the gift shop.

I called my aunt (age 74): she was vacationing in China...

I called my husband's uncle (age 79) I forgot, he was on his honeymoon...

I still dread old age, now more than ever. I just don't think I'm up to it...

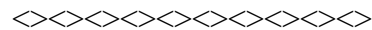


LITTLE DEVIL (con't)

that not long after my return to my own home that I decided one afternoon to pay them another visit. When Mary found me sitting on her doorstep she felt obliged to report my being AWOL, and I was retrieved. And this created another mystery for the humans involved: inasmuch as I, on my original trip had been transported in a carrier (hateful device) I couldn't see, and my paws hadn't touched the ground – so they wondered, how did I know which door? But we cats have our ways – professional secrets, you know.

Now we have screens on the doors, which I can't manipulate. But I am allowed out on the patio, with a leash attached to an anchored length of clothesline. This is an acceptable compromise, since I can eat my daily ration of grass and watch the birds and lizards and whatever else wildlife comes by.

I pride myself as being a very sociable cat, racing to answer the doorbell, and ready to entertain visitors. I do dislike dogs, small boys, and vacuum cleaners. I have been told that I am quite attractive, and confess that I bask in all the attention I get. "Loving and lovable" is the motto, which I live by – most of the time.



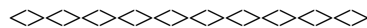
PAWS AT PARADISE

.... Cats too.

By Freddi Miller

Paradise Valley Estates cat and dog owners are invited to join the PVE Dog Club on Thursday, November 8 at 3:00 P.M. in the Multi-Purpose Room. We discuss caring for our cherished 4-pawed companions and share ideas for living with them in this unique Community.

A comprehensive list of toxic plants with some safety and emergency treatment tips will be given to all who attend. Please make a special effort to attend this important meeting.



WHAT'S COMING UP

By Lise Hansen

- ◆ *Basic Brown Bear Factory/Cheesecake Factory*, San Francisco
- ◆ *San Francisco Fall Antique Show*, Ft. Mason, San Francisco
- ◆ *"I Do, I Do"* White Barn, St. Helena
- ◆ *Gypsy Caravan 2: A Celebration of Roma Music and Dance*, Zellerbach Hall, Berkeley
- ◆ *Day at the Races* at Golden Gate Fields
- ◆ *Kelly Johnson*, pianist performs at PVE
- ◆ *"Vienna, City of My Dreams"*, Napa Valley Symphony, Napa
- ◆ *Scharffen-Berger Chocolate Makers/ Pyramid Ale House*, Berkeley
- ◆ *San Francisco Flower Mart*
- ◆ *"A Funny Thing Happened on the Way to the Forum,"* Davis Musical Theater
- ◆ *Apple Hill*
- ◆ *Stanford vs. Notre Dame Football* at Stanford
- ◆ *Filoli Christmas Lunch and House Tour*
- ◆ *"Fiesta Navidad,"* Sacramento Community Center Theater
- ◆ *Shopping in Walnut Creek*
- ◆ *"Harvey,"* Solano College Theater, Suisun

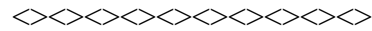


WHAT WE'RE WORKING ON

By Lise Hansen

- ◆ *"VOENA" (Voices Of Eve N' Angels) Children's Chorus* to perform at PVE
- ◆ *Holiday Pops Concert*, Napa Valley Symphony
- ◆ *Air Force Band of the Golden West*, Fairfield Center for Creative Arts
- ◆ *Christmas Shopping at Arden Fair Mall-Sacramento, Premium Outlets-Napa, Vintage 1870-Yountville, San Francisco*
- ◆ *Napa Valley Chorale Christmas Concert*
- ◆ *Dulcetones* to perform at PVE
- ◆ *PVE Chorus "Light of the World"*
- ◆ *"Proof" – Best of Broadway Series*, Sacramento Community Center Theater

- ◆ *Christmas Light Tours*
- ◆ *Reno Snow Train*
- ◆ *Stars on Ice*, the Arena in Oakland
- ◆ *"Much Ado About Nothing,"* Berkeley Repertory Company
- ◆ *Acrobats of Taiwan*, UC Davis
- ◆ *"Forever Plaid,"* Fairfield Center for Creative Arts
- ◆ *Olympic Torch Stop in Walnut Grove*
- ◆ *"Patience,"* Lamplighter's Theater at Dean Leshner Center in Walnut Creek
- ◆ *Itzhak Pearlman* at Zellerbach Hall, Berkeley
- ◆ *Red and the Red Hots*, Spreckles Theater in Santa Rosa



COUNCIL CORNER

By Jackie Peterson, President

As President for just 4 days, it is far too early for any truly substantive report. Nevertheless, I have been invited by *The Elysian* to submit a few words – and I rarely pass up that opportunity!

I am pleased to report that the new sound system has been ordered and should be here in time for Veterans Day! It is being paid for jointly by PVE and from the Residents Council Operating Fund.

John Ousley and his crew have been authorized to provide each residence with an orange bucket in which to store emergency goods. Look for more news on what to put into it later. How fortuitous it is that our Emergency Planning Committee was formed and well into its work before September 11.

The Council also voted to make a donation to The Solano Winds as part of our Community outreach. They have been faithfully performing for us for a long time. PVE will now be listed as a major donor to their work of providing musical pleasure.

I need to confess something personal – I am an inveterate optimist. I have tried being a pessimist, and I feel better when I am optimistic. To that end, I urge you to identify and concentrate on what is *good* about PVE. Of course we need to identify and fix problems – and we do that. Might

Continued on page 14

WOMEN MARINES ASSOCIATION....

Have Landed ~ at PVE !

By Jean Petersen

On Saturday, September 29th, 47 Lady Marines - who are members of the Women Marines Association (WMA), were invited to attend a social hour and luncheon meeting here at PVE, hosted and arranged by Lucille Thyrring, Resident Marine. Also aboard were Marine Resident's Jean Petersen and Hedy



Smith.

It was a special gathering and a *first* for WMA since it involved 5 Chapters from all over the Bay Area and Northern California, including Sacramento and Stockton Areas. The Guest of Honor and Speaker for the occasion was Carol Mutter. Carol traveled from Southern California, representing the new National President Retired Lieutenant General Lou Teixeira. The message from the new president was regarding the 59th Anniversary of Women Marines Celebration and Regional Conference to be held at the Marines Memorial Club in San Francisco in February 2002.

The raves from everyone attending were loud and clear. *Our Wall of Remembrance* was explained and a focal point of conversation as well as flowing compliments for the delicious luncheon.....compliments such as - "do you always eat like this? - as well as the outstanding service.

This meeting was such a great success, the members hope it can be repeated in the future. Many thanks go to the hard work of all the Dining Room Staff. We do things right at PVE!! ~ ~ ~ *Semper Fi.*



VISIT OUR FRIENDS AND NEIGHBORS...

(As of October 20, 2001)

VA NURSING HOME —MARTINEZ

Ed Albrick

STANFORD HOSPITAL

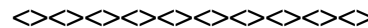
Elisabeth Whited

DAVID GRANT MEDICAL CENTER

Irwin Rosen

LAUREL CREEK HEALTH CENTER

- | | |
|----------------------|-------------------|
| Marge Barber | Ruthe O'Toole |
| Caroline Battistella | Ray Price |
| Allen Clinton | Jack Reding |
| Johnita Clinton | Douglas Riach |
| Clark Ensley | Robert Rodden |
| Betty Fisher | Donald Rodewald |
| Eli Gruber | Andy Rogers |
| Rubye Hall | Arlene Royce |
| Leland Hamilton | Jim Royce |
| Bill Harris | Ken Smith |
| Bev Hummell | Rosa Suits |
| Charles Jenkins | Arnett Taylor |
| Muriel Jenkins | John Wester |
| Fred Jueneman | Mary Jane Wettle |
| Bill Kruge | Arthur Weinberger |
| Virginia Lefforge | Elinor Weinberger |
| Doris Luedeking | Gerald Wiley |
| Cora McKee | Preston Workman |
| Bill Moulden | Janet Yeoman |
| Harry Noble | |



THANKSGIVING BUFFET 2001

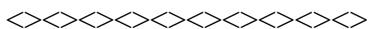
By Stephen Mattingly

We all will observe Thanksgiving Day 2001 with renewed appreciation for our families and our friends as well as say special prayers for those who have lost so much in the past few months.

In order to make the mealtime festivities as hassle-free for residents as possible, we will again require all residents, regardless of party size, to make reservations for the Thanksgiving Day Buffet. Two times will be available, first from 12noon to 1:00pm and the second from 2:30pm until 3:30pm. Seating will be limited to no more than 125 persons per time slot, making 375 persons maximum for each buffet period. The normal restriction for large parties is waived on Thanksgiving Day. Most every party regardless of size will be seated at a single table at best and at minimum, at adjoining tables.

Sign up will take place at the host/hostess station only during normal meal hours of the Main Dining Room. They will begin at lunch on Monday, November 12 and will close after dinner on Monday November 19. No telephone reservations will be accepted; only reservations made in person with a host or hostess will be considered valid. It is important that you provide all the requested information. That lets us be as organized as possible. Confirmation of your reservation will be forwarded to you on Tuesday morning. All additions or deletions must be completed no later than 4:00pm on Wednesday, November 21. If you arrive on Thanksgiving Day with more persons than for whom you made reservations, you may be asked to wait or even be moved to a different seating time since we expect every available seat will be used this day.

This method has been successful for our major holidays in the past. It has minimized confusion as well as time spent in lines for all. We thank you in advance for your cooperation.



Elysian Fields

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Contributions to *ELYSIAN FIELDS* are welcome. E-mail to steiny@jccomp.com or frjurian@aol.com. Otherwise, please place copy in box 4019, double spaced and typewritten where possible. Submissions must be in **not later than** the 20th of the month.

